



Breaking Barriers to Obesity Care

Friday, October 30, 2026

8:00-8:30 am	Breakfast & Registration	
8:25-8:30 am	Welcome	Dimitrios Stefanidis, MD
8:30-9:00 am	State of Obesity in Indiana: Data, Disparities and Opportunities	Naima Gardner, MPH
9:00-10:30 am	Addressing Barriers: Perspectives Across the Continuum <i>The physician perspective: Clinical Barriers and Opportunities</i> <i>The insurance perspective: Coverage Access Limitations</i> <i>The patient perspective: Lived Experience and Access Challenges</i> <i>The PCP perspective: A Qualitative Study on Barriers to Care</i> PANEL: Naima Gardner + speakers	Moderator: Stefanidis Don Selzer, MD Insurance Representative Patient with Obesity Erika Cheng, PhD, MPA
10:30-10:45 am	Break	
10:45 am-12:00 pm	Personalizing Evidence-Based Obesity Care (Session 1) <i>Applying surgical guidelines to obesity care</i> <i>Recent developments in AOM</i> <i>Managing obesity from a PCP Perspective</i> PANEL: Add patient	Moderator: Tarik Yuce, MD TBD Ashley Gilmore, MD TBD
12:00-1:00 pm	Lunch	
1:00-2:00 pm	Personalizing Evidence-Based Obesity Care (Session 2) <i>Current Nutrition Recommendations in Obesity Care</i> <i>Integrating Physical Activity into Obesity Care</i> <i>Applying Behavior Care Guidelines in Obesity Care</i> PANEL	Moderator: Missy Tuck Garrett Swisher, RD Kierstin Sharifi Gail Kerver, PhD
2:00-3:00 pm	Care for Special Populations (Session 1) <i>Clinical Perspective in Women's Health and Cancer</i> <i>Real World Lessons from Adolescent Surgery</i> <i>Weight Management Strategies for Adolescents</i>	Moderator: Sarah Muntel, RD Amy Holmstrom, MD Rose Carr, MD Sarah Naramore, MD
3:00-3:15 pm	Break	
3:15-4:15 pm	Care for Special Populations (Session 2) <i>Coordinating Care of Transplant and LVAD Patients</i> <i>The Future of Bariatric Surgery: Complex Cases & New Techniques</i> <i>Is Cannabis Use a Barrier?</i>	Moderator: Sarah Muntel, RD Jennifer Choi, MD Dimitrios Stefanidis, MD William Hilgendorf, PhD
4:15-4:30 pm	Closing	